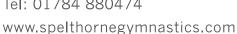


College Way, Ashford, Middlesex TW15 2XG Tel: 01784 880474





20th January 2010

Dear All,

# SPELTHORNE GYMNASTICS & ACTIVITIES SUMMER CAMP 2nd-6th AUGUST 2010 - £195 Per Person (Coaches £150)

Please find below details of the Spelthorne Gymnastics Summer Camp Programme for August 2010.

The Camp will be open to all levels of ability from beginners to international performers. The minimum age is seven years. A complete programme of acrobatic training, fun activities, lunch and dinner are all included.

If you are travelling from afar or would like a few days away from home you will need to book your own accommodation (not included in the price). We have 3 travel lodges all within 2.3 miles of the gym and they are offering rooms for 4 persons from £22 per night (so £5.50 per person per night). If you are under 18 you will also need to ensure you have adequate supervision whilst staying at the lodge - this will be the responsibility of the gymnast and their own club/parent not Spelthorne Gymnastics.

The Camp will begin with registration from 11am on Monday morning and will conclude with a display for parents, friends and relatives on the Friday evening. Gymnasts will leave after the display.

If you have any gymnasts/coaches who are interested in the Camp please ask them to complete the Application Form, Health Form and General Questionnaire Form and return by post or email with a non-refundable deposit of £95 payable to Spelthorne Gymnastics by Saturday 10th April 2010. Applications are on a first come first served basis. The final payment of £100 will be due by Saturday 3rd July.

Please feel free to email me if you have any questions (alicooper66@me.com).

Kind Regards,

Bob & Alison Cooper Camp Directors



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www.spelthornegymnastics.com

# SPELTHORNE GYMNASTICS SUMMER CAMP 2010 GENERAL QUESTIONNAIRE FORM

Club	
Leve	l you are working at
-	our partner going to be at the camp with you? Yes No
	our partner is with you, do you have a routine? Yes No
-	u have answered yes to the above please could you bring your routine ic with you in case we should like you to perform in the display.
	you a vegetarian? Yes No No No No No No
DISP	LAY
com ticke and are l	will be having an informal display on Friday evening at 7.00pm. One plimentary ticket will be given to each child attending the camp, additional ets are available at a cost of £5.00 per person. Spelthorne is a working gymetherefore the seating for spectators is on benches/crashmats etc. If you be oringing any elderly/disabled people please let us know and we will make ial arrangements to ensure a seat is available for them.
Num	nber of tickets requried ————————————————————————————————————
Num	nber of special seats required for disabled/elderly

Alison Cooper



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# **SPELTHORNE GYMNASTICS SUMMER CAMP 2010 - HEALTH FORM**

Son/Daughter's Full Name			
Home Address			
Age	Date of Birth		
BGA Membership No	National Health Number		
Name & Address of GP			
Details of any health factors that ma	ay restrict full participation in camp		
Details of any known allergies/sensit	civities (eg penicillin)		
Is your son/daughter a competent sv	vimmer?		
	is, to the best of my knowledge correct. er (named above) to take part in the activities mmer Camp 2010.		
	authorise the person in charge to sign on my behalf atment of medication required if the delay to advisable by the doctor concerned.		
Slgned (Parent/Guardian if under 18)			
Emergency Contact Details:			
Name	Telephone Number		
Name	Telephone Number		

Alison Cooper



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# SPELTHORNE GYMNASTICS SUMMER CAMP 2010 ACCOMMODATION RECOMMENDATIONS

## **Travel Lodges**

www.travelodge.co.uk

(click on: find our lowest prices)

0871-984-6319

#### Travel Lodge - Staines

Hale Street Two Rivers Staines Middlesex TW18 4UW This Lodge is probably slightly more expensive but is located within walking distance to shops, cinema and restaurants.

### Travel Lodge - Sunbury-on-Thames

Hanworth Road Sunbury-on-Thames Middlesex TW16 5DJ

### Travel Lodge - Feltham

Res Centre High Street Feltham Middlesex TW13 4EX

#### Other Hotels:

### Mercure Staines Thames Lodge Hotel

Thames Street
Staines
Middlesex
TW18 4SJ
www.mercure.com
01784-464433

#### The Runnymede-on-Thames

Windsor Road Egham Surrey TW20 0AG www.runnymedehotel.com 01784-220960