

## **Article 39: COMPETITION ATTIRE, ACCESSORIES AND AIDS**

- 39.1 This aspect of artistry is considered by the CJP (See Article 48.2).
- 39.2 The choice of competition attire, accessories and aids are for the consideration of the CJP. They must be gymnastic in character and design and complement the artistry of an exercise. They should not divert attention from the performance of the gymnasts, nor require adjustment during an exercise.
- 39.3 Partners must wear identical or complementary attire.
- 39.4 Women and girls perform in leotards or one-piece full length cat suit (unitards). Tights are allowed. Skirts are not allowed.
- 39.5 Men and boys may compete in leotards or shirts with gymnastic shorts or long gymnastic trousers. One-piece suits/unitards are allowed.
- 39.6 Black, navy blue, dark brown, dark red or dark green one piece suits and trousers are allowed only if the whole length of color on the legs is broken significantly from the hip to the ankle by light colored decoration or pattern.
- 39.7 For safety reasons, loose clothing, raised attachments and accessories are not allowed. Trousers and legs of unitards must be tight fitting. Sleeves must be tight fitting with the cut taken under the armpit, so that the definition of arms is clearly visible. Blouson and raglan sleeves are not allowed. Leotards may be without sleeves but, dance leotards with narrow 'spaghetti' straps are not allowed.
- 39.8 Theatrical and religious themes are not allowed, nor are cabaret, national costume, bikini and swimsuit styles. Pictures in the design and character outfits (e.g. waiters, sailors) are forbidden.
- 39.9 Design or transparency of attire must not allow exposure of undergarments, trunk, navel or other private body parts.
- 39.10 The use of flesh color fabric to give similar effects or appearance of large areas of nakedness (e.g. the trunk) also is strictly forbidden.
- 39.11 Transparent material is allowed on areas of the body that do not require material, such as sleeves. If transparent material is used on other parts of the body, 'body stockings' must be worn so that undergarments and/or body parts are not visible or exposed.
- 39.12 Undergarments must provide gymnasts with adequate support relative to need, so that private body parts remain so.
- 39.13 The cut of the leg of leotards must not go above the iliac crest (hipbone) at any point during the exercise and the line of the leg must not start or drift between the glutei (buttocks). The back of leotards must not prevent appropriate undergarments from being worn. Low cut fronts of leotards are not allowed beyond half sternum.
- 39.14 Competitors may perform with or without footwear, which must be clean and in good order.
- 39.15 An emblem of the athlete's country must be clearly visible on competitive attire. This may be woven into the fabric or form part of its design.
- 39.16 Advertising, as specified in the FIG Rules for Publicity, must be observed.
- 39.17 Each competition attire infringement is penalized by the CJP according to Article 48.2.

## **Accessories and Aids**

- 39.18 Jewelry, including earrings and studs, necklaces, rings, bracelets, anklets, nose and navel studs, is not allowed.
- 39.19 Sequins, stones, cummerbunds, and lace must be either integrated into the fabric of the competition attire, or attached securely, but any injury occurring as a consequence is the responsibility of the coach and athlete.
- 39.20 Hair clips, slides, bands and ribbons, if worn, must be secure. Character hair accessories (e.g. tiaras, feathers and flowers) are not allowed.
- 39.21 Face painting is not allowed; any make-up must be modest and not portray a theatrical character (animal or human). Tattoos must be covered.
- 39.22 Equipment, such as belts or head-rolls to aid execution of elements, is not allowed.
- 39.23 Each infringement is penalized by the CJP according to Article 48.2.