



By Acrobatic Technical Committee President Tonya Case and Secretary Karl Wharton.

FIG Office Lausanne (SUI), 10.12.2009

Tables of Difficulty (ToD) and Code of Points (CoP) – Clarifications, Questions and Answers and information.

Item of Information:

Earlier this year a quadruple salto was performed by a men's group in international competition. All due respect is given to the coach and athletes for this achievement. However, when further requests for the evaluation of 16/4 skills in the tables of difficulty were received, the performance of the quad salto raised questions about the future direction of the sport. Many factors came into debate. Most importantly, the safety of athletes in all countries must be carefully guarded.

Following careful consideration of all factors, the FIG Acrobatic Gymnastic Technical Committee made a unanimous decision to recommend removal of this skill from the tables of difficulty. This decision was subsequently supported by unanimous vote of the FIG Executive Committee who made the following ruling:

Rotations of 16/4 are not appropriate for the discipline. Therefore, they have no difficulty value. Effective from 26th September 2009 rotations of 16/4 are considered to be forbidden elements. Performance in competition will result in a 1.0 penalty.

This decision was published on the FIG website.

CODE OF POINTS

Question: *In Women's groups, can the base move from one pyramid construction to another in all six categories of balance?*

No – Only **one** pyramid from Category one and **one** pyramid from Category two can be performed in the whole exercise. So a Cat.1 pyramid to another Cat. 1 pyramid or a Cat.2 pyramid to another Cat. 2 pyramid is not allowed.

Question: *In the Code of Points: Special Requirements for Pairs Balance, does article 19.6 also apply to the base?*

Yes – the article should have the following sentence added to it: *"If there is no value for the motion of the base there is no value for the motion or for the work of the top".*

In addition, article 19.8 should read: *"When a base or a top is in a position that does not receive difficulty value, because of repetition or restriction, **or because there is a 0 value in the Tables of Difficulty**, no additional difficulty is given for the static position or motion of the partner."*

Question: *In men's group, three man platform, where do the hands of the third base have to be?*

There is no specific requirement – i.e. the hands can be placed under the platform or on top of the platform.



Question: *In a gainer salto dismount, can the top land to the side of the base when completing the skill?*

A gainer salto should land in front of the base. If it lands to the side a technical deduction will be taken.

TABLES OF DIFFICULTY

General Principle: When an element is found on more than one page in the Tables of Difficulty with different values, the higher value should be used.

Categories of Handstands

Question: *Are all the skills in Box D, Page 11a 'flag' handstands?*

Yes - all the skills in Box D, Page 11a are considered as 'flag' handstands and should be performed as such.

Correction: Pairs - Balance

In the Tables of Difficulty on page 61 please delete and replace with the following values:

10 – P 11 = 3v

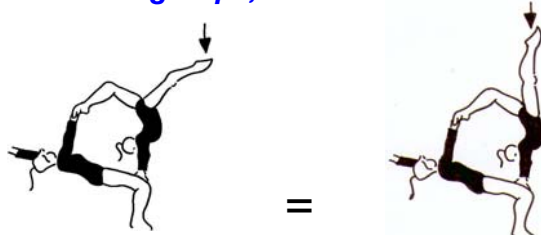
12a – P 11 = 3v

10 – Q 12 = 5v

12a – Q 12 = 5v

Women's Group - Balance

Question: *In Women's groups, where do you find the value of the following pyramid?*



As it is almost impossible for the middle to perform a 'bridge' on the base's knees supported by one foot with the base in a free raised position, the position of the middle should be considered as a handstand and the following code should be used for identification:

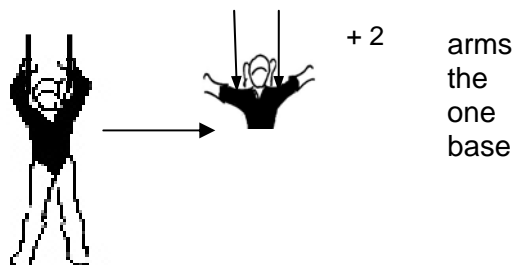
Page 91, A3 – 13 (The support may be on the foot or calf (gastrocnemius muscle) and is regarded a minor stylistic variation)



In the Tables of Difficulty on pages 97, 98 and 99, N1 add +2 for the following position:

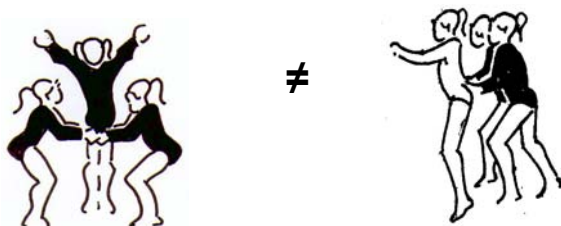


However, as you only receive +2 for the release of the arms and this has the same identification number and is in same box you can only claim the value of the pyramid (1) time. If the base releases the arms the higher value is used for the pyramid. (It cannot be used as a pyramid with two base constructions).



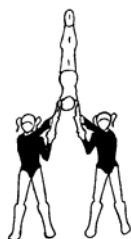
Women's Group Dynamic

Question: Where do we find the value for the base position on the left below for women's group forward and backward elements?



You use the same identification number for the starting position on the right above but it is **NOT** regarded as an identical element.

Question: In the start position below, is the position allowed in women's group on pages 141 and 142?






Yes. However, it should be given the same ID code and values as the start position number 22 on page 141 and start position 33 on page 142 and for these two pages is regarded as an identical start position.



Question: *Are the pictures correct on page 147, 5/4 back salto, numbers 5 and 6?*

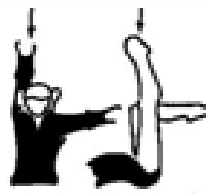
No. Pictures 5 and 6 should be reversed as shown below.

5 / 4	5	
	6	
	7	

Correction: Women's Group and Men's Group "Motions of the Top"

There is an omission in the motion tables on page 115?

The following picture should be added to the centre of each of the motion tables on this page.

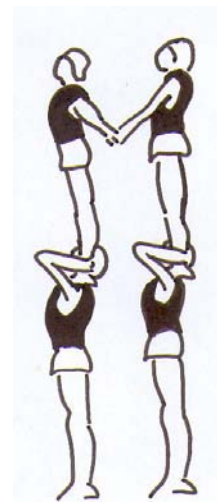


Men's Group – Dynamic

In Row 16 position Q, 16/4 rotation, please replace the value "50" with a value "0". No other rotations of 16/4 will be given difficulty credit.

Additional start position:

Page 157 – Please add the following base position as 61a.





Page 157: In the following start positions the direction of the base and / or top may be reversed, i.e. any direction is acceptable.



59



61



61a



62

All of the start positions above can be used with page 158

Correction: Pairs Motion Table page16

There is an omission in the motion table 9 on page 16

Table 9: N – J should be 4v as indicated below:

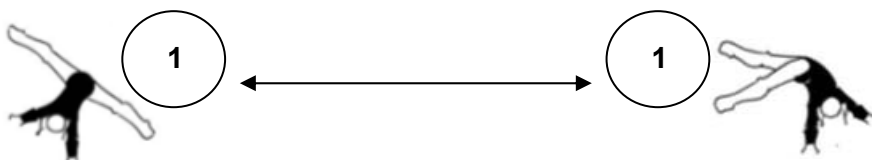


Correction: Women's / Men's Group Motion Table page114

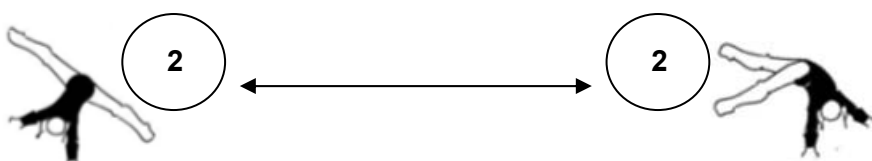
There is an omission in the motion tables on page 114

The following values should be added to the tables as indicated below:

Group 1 and Group 2



Group 3 and Group 4

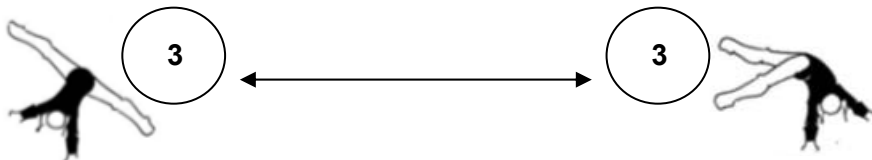


There is an omission in the motion tables on page 115

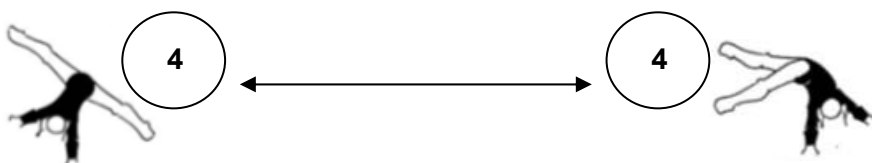


The following values should be added to the tables as indicated below:

Group 1 and Group 2



Group 3 and Group 4



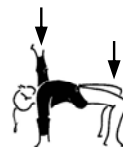
Correction: Pairs Mounts - Page 29

Start position E: +360 – Should read plus (+) 4

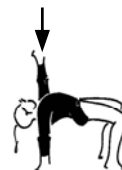
Correction: Women's Group Balance

Page 93, A / 38

The following picture of the middle is **NOT correct**:

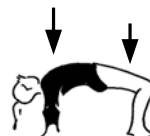


Please remove the arrow pointing to the knees; the correct picture should look like this:

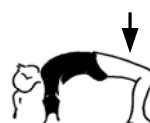


Correction: Page 96, A / 51

The following picture of the middle is **NOT correct**:



Please remove the arrow pointing to the shoulders; the correct picture should look like this:





New Element Requests

Women's Group Balance

The following base position has been valued as a Cat. 2 balance
This element should be added to Page 89, A 12 = 1V



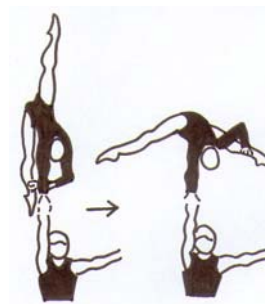
Men's Group Balance

The following base position has been added to Page 130, B5 / 3 (+2)



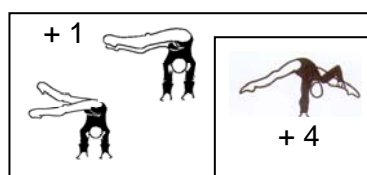
Pairs Balance – Static

Variation of one arm flag handstand – **Value 12 + 4 = 16v**



As this is a variation of the flag handstand it is regarded as a **new** handstand position and has a separate box.

The following 'box' should replace box D in all instances for all **pairs static balance** skills on pages 46 – 53 and for all **group static balance** skills on page 107.



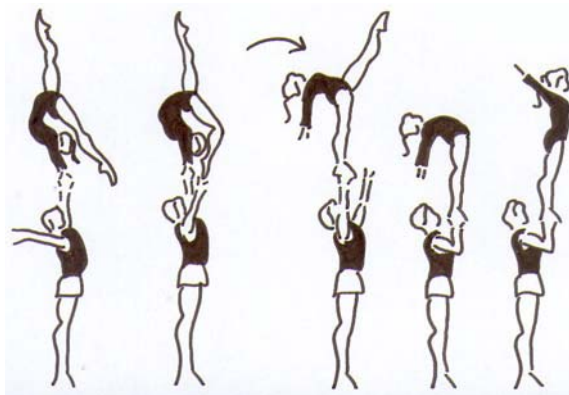
In all the motion 'bubbles' for pair balance (position D on page 14) and in all the motion 'bubbles' for group balance (position D on pages 114 – 115) the following diagram should be added and awarded a +2 for the new position.



Pairs Balance – Mounts

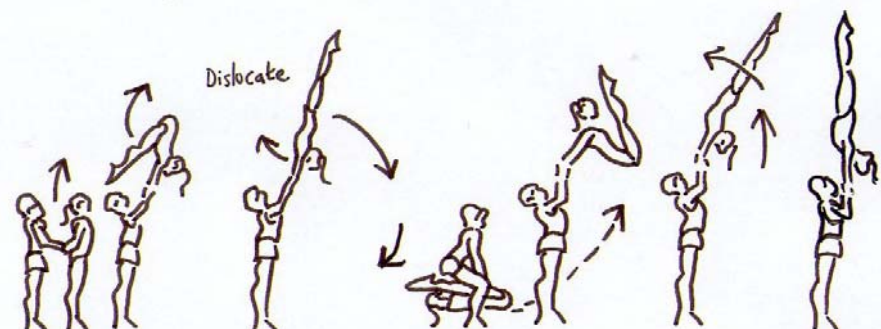


New mount 1 (NM1): From 2 on 1 handstand the top performs a forward walkover and places one foot and then the other foot into the base's hand finishing in a foot to hand skill.



This skill is classified as a mount and given **value 6**.

New mount 2 (NM2): Gymnasts start facing the same direction. The top performs an inlocate, followed by a dislocate into pike cannonball immediately swinging through dislocate to handstand.



This skill is classified as a mount and given **value 10 to low arm** and **value 12 to high arm**.

Judging Matters

Question: *In Men's Group, can the catch of the following skill be on any part of the arm?*



There is no technical deduction if this element is caught above or below the elbow joint; however, if this element is caught on the shoulders then no difficulty will be awarded.

There is no technical deduction if there is a re-adjustment after the catch – i.e. sliding the hand down to the wrist in preparation for the next element assuming it is done in a smooth and controlled manner.

However, if there is a re-adjustment after the catch then no link value will be given as the two elements are not considered as being in immediate succession.



Question: How do you work out the deductions for non performance of individual elements?

Please use the principles outlined below to work out the deductions for non-performance of individual elements.

The following examples are all dynamic exercises.

Example 1: Women's Group

			X 1	Missing 3 elements = 3 X -1.00 = - 3.00 No salto = -1.00 Special Requirement No Difficulty awarded Total deduction = - 4.00
Zero	Zero	Zero		

Example 2: Men's Group

			X 3	Missing 1 element = 1 X -1.00 = - 1.00 No salto = -1.00 Special Requirement Full Difficulty awarded Total deduction = - 2.00

Example 3: Women's Pair

			X 1	Missing 1 element = 1 X -1.00 = - 1.00 Full Difficulty awarded Total deduction = - 1.00



Correction: *In the Tables of Difficulty on page 166, General Rules: bullet point one – please add:*

“..... and vice versa”

So the general rule should read:

“Elements performed to all positions on knee(s) are considered the same as to stand and vice versa”.

This applies to Category 1 elements.

Clarification: *In all exercises where elements are restricted by repetition of start position, finish position, number of dismounts, links, etc, only the first three elements / links will be evaluated for difficulty.*

Example 1: In the group balance exercise, only 3 x 3” static holds are allowed. If a group perform more than 3 in a single pyramid then only the first three will be evaluated for difficulty regardless of whether the 4th, etc have greater difficulty.

Example 2: In the dynamic exercise, there are four dismounts performed in the following order –

Dismount 1 = 10v
Dismount 2 = 12v
Dismount 3 = 10v
Dismount 4 = 22v

Dismount 4 receives no value as only the first three will be evaluated for difficulty.

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