



### THE ACROBATIC GYMNASTICS NEWSLETTER – N° 01 Cycle 13 – February 2013

Lausanne (SUI), 18<sup>th</sup> – 21<sup>st</sup> February 2013.

### Welcome to the new FIG Acrobatics Technical Committee

Many thanks go to the FIG for hosting the first Technical Committee Meeting of the new cycle. The new President of the committee, Rosy Taeymans welcomed Ms. Nikolina Hristova, Mr. Yuriy Goliak and Mr. Frank Boehm to the committee after their election back in October 2012.

Unfortunately, Ms. Tonya Case the new Vice-President of the committee could not attend the first meeting as she was recovering from knee surgery and the Technical Committee wish her a speedy and successful recovery.

Great thanks and appreciation were expressed to Raul Correia and Wieslawa Milewska for their outstanding work in the previous cycle(s). As they leave the committee the new TC wish them every success in the future. We know they will continue to work for the good of acrobatic gymnastics and we already have projects in the pipeline to keep them involved in the continued development and success of our sport.

The new committee quickly established a working philosophy and protocol that will build on the developments of the last cycle led by Tonya Case and the former committee.

The main focus of this cycle will be to simplify our rules and continue to increase the participation of new countries in acrobatic gymnastics and therefore assisting in the development of the sport.

### Questions and Answers on the Tables of Difficulty and Code of Points

### Women's Groups

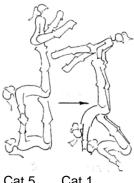
Question: Can the top return to the shoulders during a two pyramid construction? Is this allowed for the movement to the new construction of the base?

Answer: No - According to CoP Article 20.4 new pyramid constructions must start from the floor. Once a top goes to a position of no value on a pyramid, it is considered the same as going to the floor. Therefore, it cannot be used in a pyramid with two base positions.

Question: In a pyramid with two base positions, can you go from a Category 1 pyramid to a second Category 1 pyramid, or a category 2 pyramid to another category 2 pyramid?

Answer: Yes, if the top remains in a position of value during the change of base positions (but this is allowed ONLY one time).

Question: How many times can a Category 1 pyramid be used in an exercise?







Cat 1

Answer: Category 1 and Category 2 pyramids may be used in a pyramid with two base positions. They can not be used in two separate pyramid constructions (However, CoP Article 20.7 still applies).





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### Information for Women's Groups

The + values in the grey small bubble in the centre of the big bubbles – apply ONLY to handstands in hands and ONLY static holds as indicated on pages 60 - 63.

### Information for Women's and Men's Groups

The +Values found around the bubbles for the position of the top are added to the motion of the top and to the static holds.

### **Pairs**

**Question:** Regarding article 18.9: If a mount is performed to bent arms with immediate push to straight arms, and then held for 3 seconds, do we count the difficulty of the mount to bent arm, plus the motion of the base from TOD page 28, plus the final static hold?

**Answer:** Yes. Difficulty may be claimed for the mount to bent arm, the motion on page 28 and static hold on straight arm.

### Clarification for Pairs:

During the motion of a pair we add the motion Value of the Base plus (+) the Static Value of the top (plus the motion of the top if there is any).

Therefore: **All** general rule + values are given during the motion of the base because they are part of the static hold value.

Women's Pair always receive additional difficulty (general rules for W P, pg 12) if appropriate.

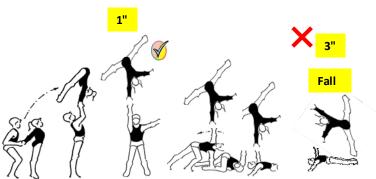
### Pair Mounts:

**Question:** Regarding CoP Article 18.9: what is the penalty for a mount that is held for 1" and the top comes down without a 3" hold?

Answer: Difficulty credit is given for the mount. In this case a time fault of 0.6 is applied.

### BUT,

Following a mount with a 1 second static hold, the top and / or base may change positions before the 3 second static hold. If there is no 3 second static hold after a successful mount, the mount is given difficulty credit, however, the next motion and final static position receive no difficulty value and a 0.9 Time Fault is applied.



Mount OK - receives difficulty

Motion of base OK but top falls at the end – a Time fault of 0.9 is taken, no difficulty is awarded for the motion of the base, the static hold of the top during the motion or the final static position.





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### **Individual Elements**

<u>Question</u>: In the combined exercise, can individual elements from different categories be mixed in a <u>series</u>? For example: Round off Flick to Knee: Category 2 to Category 1

**Answer:** Yes – Article 27.7 in the CoP applies so each partner must perform elements from the same categories even if the number they perform is different.



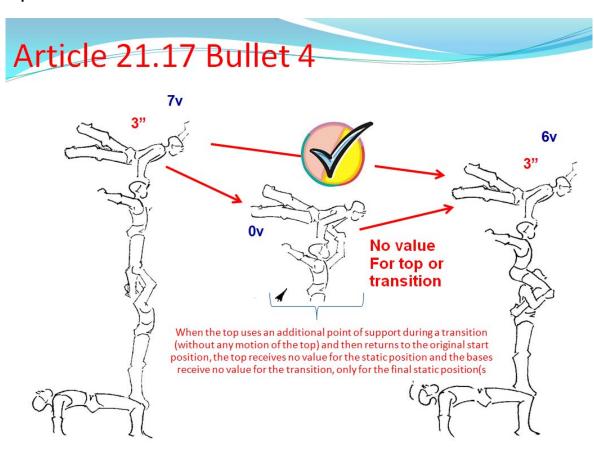
**Question:** Please clarify the ID requirement for Category 2 individual elements. Is it only the page number or is it the page number and the element number that has to be used on the tariff sheet?

Answer: It is the page number only.

**Question**: Can a handspring to one foot have an element in front of it? For example, front walkout to front handspring to one foot.

Answer: No

### Men's Group Clarifications:

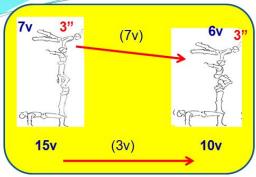




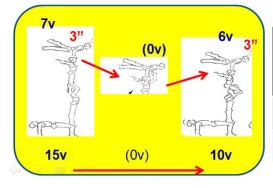


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# Article 21.17 Bullet 4

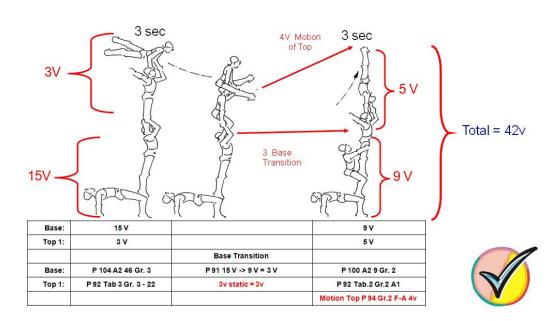


| Тор  | Static 1 | Top / Base<br>Value<br>During<br>Transition | Static 2 | Total |  |
|------|----------|---|----------|-------|--|
|      | 7v       | 7v  | 6v       | 40.   |  |
| Base | 15v      | 3v  | 10v      | 48v   |  |



| Тор  | Static 1 | Top / Base<br>Value<br>During<br>Transition | Static 2 | Total |  |
|------|----------|---|----------|-------|--|
|      | 7v       | 0   | 6v       | 20    |  |
| Base | 15v      | 0   | 10v      | 38v   |  |

21.18 There is no requirement for the top to hold the same position during the motion and on the final pyramid. E.g. a top may be in a straddle position during the transition and then press to handstand for the final hold.







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MG change of values on Page 111 in the TOD:

| AA<br>AA |   | MIDDLE |   | Eller Comment | 1  |    |
|----------|---|--------|---|---------------|----|----|
|          |   |        | 1 | 2             | 3  | 4  |
|          | 1 |        | 8 | 8             | 10 | 10 |
| A        | 2 |        | 9 | 9             | 11 | 11 |
|          | 3 |        |   |               |    |    |

### **General Questions**

Question: If a time hold intention is not declared on the tariff sheet, what is the penalty?

**Answer:** There is no penalty: If the time hold intention is not declared, but all the ID co-ordinates are on the tariff sheet it is assumed to be a three second hold. However, if the ID co-ordinates are not on the tariff sheet it is assumed to be a one second hold, therefore no difficulty value is given for the static hold. <u>The DJ</u> would normally try to clarify this beforehand with the coach.

**Question**: Does the +1 for legs together in the General rules apply for all handstands including bent arms and straight arms?

Answer: Yes it is applied for all handstands.

## **Age Group Questions:**

**Question**: Category 1 balance individual elements such as handstand 180 turn do not have to be held for 2". However, does it fulfil SR for a balance individual element in 11 – 16?

Answer: Yes

**Question:** Can the balance pyramid on page 78 - B - 12 be performed by the 13 - 19 Age Group.

Answer: Yes



<u>Question</u>: In the 11 - 16 Age Group Balance competition what is the deduction for a missing element from a specified three types?

**Answer:** There will only be a deduction of 1.0 mark for a missing Special Requirements (Article 9.4 World Age Group Competition Rules: 2013 - 2016). There will be NO additional artistic deduction for a missing Category 1 Individual Element from one of the three types (balance, agility, flexibility).

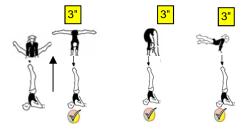




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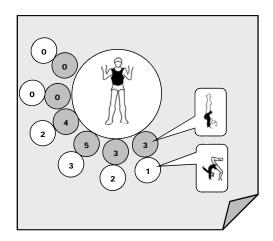
**Question:** In candlestick / shoulder balance, if the top holds straight handstand for 3", arch position for 3", then planche position for 3", do they receive value for the base position in all three static holds?

Answer: Yes



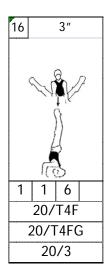
## **Tables of Difficulty Notes:**

**Example Page 1:** Please replace the values in the bubbles as indicated in the pair's example number 1.



Question: What is the specific way to write ID's onto the tariff sheets?

Answer: See example below:



Pg=20/Table 4, position F

Pg=20/Table 4, motion F-G

Pg= 20/position 3





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### Please replace bullet point 7 on the General Rules (page 11) with:

All handstands, straight, flags, disloc and Mexican handstands performed with legs together receive +1. Planche legs together +3

### **Artistry**

**Question:** Is there an Artistry deduction (in WG) for performing a pyramid with two base positions with a simple change of position such as lifting an arm?

Answer: No

## **New Element Registration**

The following element registration was received and the TC have awarded the following value :

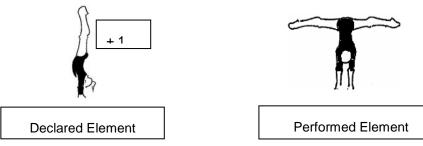
This element is considered to be the same element as that found on Page 21 – Tab 7 position D, Page 22 – Tab 11 position D and Page 24 – Tab 18 position D. Use the same ID code and give the highest value.

Valid from 1<sup>st</sup> January 2013

**Please note**: All evaluation requests along with all documentation must be submitted by the national Federation before June 1 of each year. Element evaluations will be published following evaluation at the next ACRO TC meeting and will be valid for performance from the 1<sup>st</sup> January in the following year (as per COP Article 41.6).



**Question**: What happens if I claim a handstand with legs together on the tariff sheet but my gymnast performs a handstand with legs in straddle position?



**Answer**: Pair / Group Balance – Where a coach claims a handstand with legs together (+1) on the tariff sheet but the gymnast performs a handstand with legs in straddle then the DJ will only deduct the + 1 from the difficulty.





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### **Artistic and Technical Deduction Clarifications**

After the Inter-Continental Course in Lilleshall, GBR in January 2013 and consultation with the foremost judges in the World and the FIG the decision has been taken by the Acro TC to make the following clarifications for both artistry and technical penalties:

Small Faults 0.1 Significant Faults 0.3

Serious Faults 0.5 or 1.0

In addition, it was decided that the addition of a + 0.3 bonus for Musicality and Expression as well as the 0.3 bonus for selection of creative, original and outstanding elements could create an impossible score and therefore they have been <u>removed</u> from the COP.

Karl Wharton, Secretary

Rosy TAEYMANS

President of the Acrobatic Gymnastics Technical Committee.