

PYRAMIDES!



THE ACROBATIC GYMNASTICS NEWSLETTER - N° 02 Cycle 13 - August 2013

Cali (COL), August 2013

Welcome to the new Athlete representative: Ms Ayla Ahmadova

The members Technical Committee were very pleased to welcome Ayla



World Cup

the TC as the sports athlete to representative when they met for the second meeting of the cycle at the World Games in Cali, Columbia. Ayla is a very experienced acrobatic gymnast with experience of working as a tumbler in her early career and after as a member of the Azerbaijan National Team in women's pairs. Her best achievements came in 2009 where she finished in medal positions in the following events:

2009 season:The World Games:2ndEuropean ChampionshipsBalance final: 2ndDynamic final: 1stAll around: 2nd

 2^{nd}



Ayla was also a finalist at the World Championships in 2008 and 2010. Ayla is currently working in a trio with Cirque du Soleil in the show "Varekai".

Languages spoken: English - very good, Russian - fluent, Azerbaijan - native

When asked what she thought she could bring to the our sport, Ayla responded,

"I would like to support all the athletes to help move our sport forward in a positive direction. I have a great deal of knowledge and experience of both training and competition at the highest level and have a BA degree in coaching and feel I can act as a voice on the Technical Committee for all our performers. If any athletes have questions or comments that they would like to bring to the attention of the Technical Committee I would like to hear from them. Please feel free to contact me via Face book or by email: Ayla_Ahmadova@hotmail.com "

Alice Upcott and Dominic Smith – Athletes of the Day

The World Games, Cali (COL)



Acrobatic Gymnastics – Mixed Pair Great Britain

Alice Upcott and Dominic Smith, who won the 2013 World Games title in the Acrobatic Gymnastics Mixed Pair category for Great Britain, were recognised with the *"Athletes of the Day"* award of the International World Games Association (IWGA). The ceremony took place at the World Games Plaza in Cali's city centre, with the association's CEO, Joachim Gossow (GER), presenting the award.

"The whole competition side of it was brilliant," 19-year-old Dominic commented. "Luckily we won. It has been a brilliant experience."









EUROPE

AMERICA

AFRICA

OCEANIA

ڬ ASIA

THE ACROBATIC GYMNASTICS NEWSLETTER - N° 02 Cycle 13 - August 2013

Alice, aged 15, highlighted the social side of their World Games experience: "Meeting the athletes from all over the world is fantastic. You don't get this opportunity every day," she said.

Congratulations to Alice and Dominic for their fantastic achievements at this competition!

The Acrobatic Gymnastics family are delighted to see their gymnasts and their discipline recognised with this rare and special accolade.



© IWGA

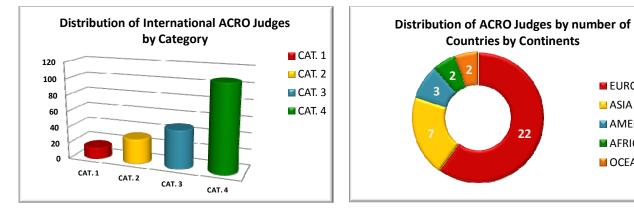
22

International Judges Courses 2013

In total, we have had 10 courses in the following countries with a total of 196 judges taking part:

LTV, FRA, CHN, AUS, GBR, UKR, RSA, POR, GER, HKO

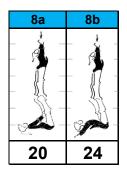
In general, all the courses went well with a high pass rate and few failures. Angola took part for the first time and were really enthusiastic. They are being supported by Portugal and will hopefully start acrobatics at foundation level in the near future.



Clarifications, Questions and Answers on the Tables of Difficulty and Code of Points

WOMEN'SGROUP

Page 75: Cat 5: B8: Please change the following box by adding a line and add 8a and 8b









THE ACROBATIC GYMNASTICS NEWSLETTER – N° 02 Cycle 13 – August 2013

PAIRS

Page 21: An element request was received to have value for the work on one foot. Arrows have been added to the following base positions on page 21: Number 3 and 5 and in Table 10, positions N and J.





Changes to Page 25:

The base positions in the following boxes have been corrected:

Base Number 10



Base Number 11



A New base position has been added to the table on page 25:

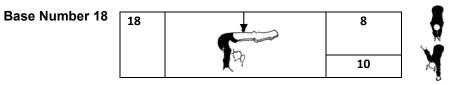
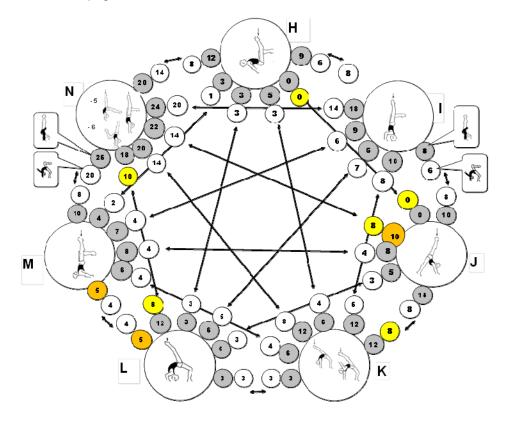


Table 24 on page 25 has also been corrected as shown below :









THE ACROBATIC GYMNASTICS NEWSLETTER - N° 02 Cycle 13 - August 2013

Clarification for the (plus) + values for handstand in Women's Pairs

The (plus)+ value for the handstands in the hands for Women's Pairs is only given in :

- The static hold of the top
- During the motion of the base

NOT in the motions of the top and in a mount to handstand

Element Request Evaluations

An **element request** was received for the following skill in pairs : 2/4 lateral helicopter with twist – the values allocated can be seen below.

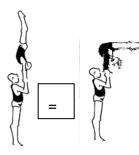
Start position : Finish Position : Lateral rotation Value **Twist rotation** Value 2/4 4v 180 1v 4/4 7v 360 3v 540 5v 720 7v

Element request: Mount in Pairs: Value allocated = 4v

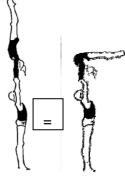


All Disciplines:

In Dynamic exercises, handstands that are caught in the straight position and handstands that are caught in arch position are considered to be the same element.



If difficulty is claimed for a catch in arch (Mexican), but the top lands in straight before going to , the extra +2 claimed for the value of the arch is taken away and the element is given difficulty credit for the catch in straight handstand. Technical deductions should be applied by the Execution Judges.





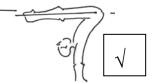




THE ACROBATIC GYMNASTICS NEWSLETTER – N° 02 Cycle 13 – August 2013

"Dislocation" / "Yogi" Handstand

Definition: The shoulders should be **hyper-extended** and the head needs to be pushed forward, the legs should be horizontal and piked at the hips. Technical deductions will be taken if this shape is not achieved and if necessary, the difficulty judge will take away the difficulty.



Request for Shape of Leotard:



The TC decided to accept this Collar shape. Because this can be considered as a change of the COP, it needs a 6 month notice so it will be effective from the 1^{st} of March 2014

Calendar of Acrobatic Events

2013

- 26th European Championships 2013: Odivelas (POR), 18th 27th October: FIG ID 5764
- Pat Wade Classic 2013: Stoke-On-Trent, UK, 23rd 24th November: FIG ID 6327

2014

World Cup Competitions

- POR, Maia, 7th 9th March
- GER, Aalen, 24th 26th April
- GBR, Stoke-on-Trent, 15th 16th November

Harey 2

<u>Rosy TAEYMANS,</u> President of the Acrobatic Gymnastics Technical Committee.

Karl Wharton, Secretary