



Ghent(BEL), December 2014

Guideline for judges

To improve the evaluation of exercises, the Technical committee Acrobatic Gymnastics of FIG, publishes these guidelines to help judges (and coaches).

1. Technical Deduction table

		Mistakes Balance					
	Element	Ideal	0,1	0,3	0,5		No Difficulty
1	Handstand						
	Handstand split						
2	Arch / Mexican						
	Deep arch						
	Ring						



	Element	Ideal	0,1	0,3	0,5	No Difficulty
3	Flag					
4	Planche					



	Element	Ideal	0,1	0,3	0,5	No Difficulty
5	Yogi / Disloc					
6	Crocodile					
7	Pancake					
8	Wide arm handstand					
	Wide arm planche					
9	Back bend					
10	Bridge					



	Element	Ideal	0,1	0,3	0,5	No Difficulty
11	Table					
12	Straddle / Pike					
	High Pike / Russian Lever					
13	Arms					
14	Legs / feet					
	Feet / toes					



Mistakes Dynamic						
	Element	Ideal Position	0,1	0,3	0,5	1,0
1	Tuke					
2	Pike					
3	Straight					
4	Steps					
			1-2 small Steps	3 small Steps or 1 big Step	4 and more Steps	
5	Landing					



2. Clarifications for Difficulty judges

When receives an element **NO** difficulty?

Balance:

- When a mounts is declared to 1 hand on the TS but is performed to 2 hands before going to the 1 hand static position. NO Diff
- When there is **NO** clear static hold in the performance of a Balance element (=without a one second hold!); NO Diff
- In extreme situation when the element declared is totally unrecognizable : NO Diff

Examples:

When it is not clear whether the top is performing

- a Flag or a bad split handstand
- a Planche, Mexican, Yogi or a bad straight handstand

In all other **cases** the element is given difficulty and will count for SR but of course **serious execution deduction (0.5)** is taken by the E-Judges.

Dynamic:

-If a dynamic element is started and is **not completed**, the difficulty value of the element is lost. The element **is not** considered for Special Requirements. The Execution Judges take the relevant technical deductions plus either 0.5 /1.0 for non-completion of an element or a fall.

Example:

- handstand on the floor 4/4 salto to handstand on the partner and the top does not reach the vertical position.

-If **all phases** of the rotation in a dynamic element **are** completed, but the partner is caught without control in the final position, a penalty is given by the Execution Judges of 0.5 for a serious error. If the partner falls from a catch or landing, a penalty of 1.0 is given for a fall. In either case, the **difficulty value** of the element **is given** and the element **is** considered for Special Requirements.

Example:

- basket 4/4 to basket and the top slips after a brief contact from basket to

sitting/lying position. In this case all phases of the rotation are completed, a deduction of 1.0 is taken for a fall but **Difficulty is given and the element counts for SR.**

-When they land on knees or with hands and feet together on the floor (pair/group element and individual element), the element **is NOT receiving difficulty** and it does **not count for SR.**



3. Clarification on technical deduction:

When to give 0.5 and when 1.0 deduction:

- 1.0:**
- Fall
 - Action to prevent a fall
 - Complete support to prevent a fall
 - Without control
 - Both hands or both feet sliding
- 0.5:**
- Non completion without a fall
 - Early completion but logical and controlled

4. Adaptations and Corrections in the deduction table :

46.3 DJ PENALTIES

8. Elements not performed in the order declared.

More elements than allowed are declared. (0.3) (only 1 time per Tariff sheet)

48.8 INSTABILITY

8. Momentary pressing of bodies, *head(s)* or *shoulder(s)* against top, by base(s), to steady a top. (0.3)

9. Pressing of base(s) trunk(s), *head(s)* or shoulders against top to steady a serious problem in keeping stability ~~or to prevent a fall~~. (0.5)

Questions and Answers

Question:

Artistic faults : Art 47.4 Element Selection : n°2 Dynamic: "Repetition of similar start or catch positions"

Rules allow to have 2 catches + 3 dismounts + 3 dynamic elements = 6 time landing on the floor. What about landing on the floor ? Can we penalize ?

Answer:

NO. Dismounts and Dynamic elements are considered as different in the current COP

Question:

Regarding the +1 value for legs together : it needs to be done with the 2 legs together and straight. Is it written in the one of the newsletter?

Answer and clarification:

The principal for the +1 is to reward a more difficult position, so the + Value is only given when the legs are together from the hips to the ankle.

Question:

TOD: P 19 tables 3 allows to do a motion to the position N. However we can't find the value of the position of the base. Is it possible to use position Nr 5 ?

Answer:

Yes



Question:

Limitation of elements

Is the penalty of 0,3 only given for pair and groups elements but not for more than 3/5 individual elements declared. I am right ?

Answer:

NO you are wrong! **They can do more individual elements**, they receive **NO DIF**, they don't count for SR, but they should **NOT be declared on the TS**

Question:

The rule says : “ If an individual element is repeated or not declared, that element that follow are also given no difficulty” : does it also apply to the combination of cat 2 + cat 1 in a combined exercise ? Example Round off straight back to knee as an agility doesn't have to be preceded by a motion, and is this considered as a series ?

Answer:

Yes, when they do : R-F-salto, they **can't** do R- salto to knee, because the R is repeated.

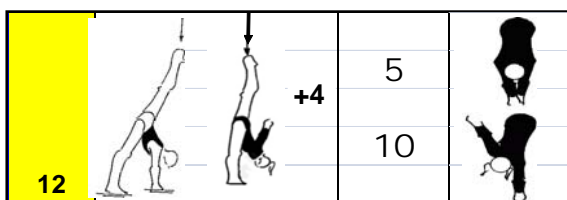
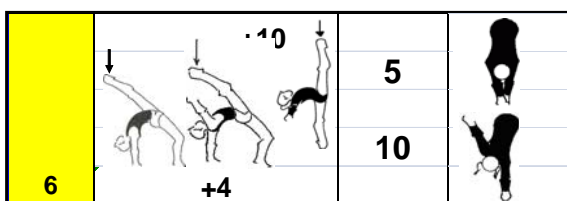
If they perform another series (example: handspring salto- front, and R- Straight salto to split) they get difficulty for both series because R is not repeated.

In case of any conflict between the limitation of element rules and the COP and /or Age group Rules, the limitation of element rules take precedence unless noted.

TOD

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Base position (variant) added in Nr 6 and 12



Reminder - Lets promote Acrobatic Gymnastics whenever we can!

Note from Blythe Lawrence - member of the media team at the FIG:

When something happens in the World of Acro, we totally want to hear about it.

We'll do articles for the FIG website. We'll work with you to arrange interviews. We'll share the news on Facebook and Twitter. Sending us news of honours gymnasts receive, of cool things they're doing when they aren't in the gym, their special projects, anything unusual would be excellent. Please contact me at: blawrence@fig-gymnastics.org



Acrobatic Gymnastics Calendar

- **World Cup – Maia, POR, 4th – 8th March 2015**
- **World Cup – Varna, BUL, 7th – 9th May 2015**
- **World Cup – Geneva, SUI, 14th -16th May 2015**
- **European Games, Baku, AZE, 17th – 21th June, 2015**
- **FIG Academy level 2 – Ghent, BEL, 24th – 31th July 2015**
- **European Championships – Riesa, GER, 23rd September – 5th March 2015.**
- **World Championships and WAGC 2016 – Putian, CHINA, 21st March - 5th April 2016**

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